



ADAPT Referral Process

(Alternative Discipline And Parent Training)



1. Campus administrator completes ADAPT contract/explanation of program with student and parent. (If parent/guardian contact is made via phone/email, note on contract)
2. Campus administrator - fax completed contract with proper signatures to CHOICES office at 972.350.9476 or email to Esther Woodson at: Woodson@lisd.net.
3. CHOICES contacts the parent/guardian to schedule the ADAPT classes once the completed contract is received in office.
4. Once the student and parent complete the required 3 classes, the campus administrator will be notified of completion via email by CHOICES staff.

IMPORTANT INFORMATION:

- An ADAPT referral is a mandatory step in the LISD truancy intervention protocol.
- Per the ADAPT contract, a parent/guardian and the student are both required to attend all 3 ADAPT classes, or the original disciplinary action will take effect.
- A referral made to ADAPT where a parent/guardian is unable/refuses to attend, contract will be sent back to the home campus administrator as incomplete.
- A student may not begin ADAPT classes until parent contact is made and classes are scheduled by CHOICES staff.
- In the event that a parent/student misses a class, they must contact the CHOICES office @ 469.948.8680
- The ADAPT referral/classes are not considered completed until CHOICES staff notifies the home campus/administrator.
- Successful completion of the ADAPT program may remove days from DAEP placement. This is at the discretion of the referring campus administrator not CHOICES.
- If ADAPT is completed to remove days from a DAEP placement, the referring administrator will adjust the placement days accordingly after receiving completion notification from CHOICES staff.

Contact information for ADAPT

P: 469.948.8680

F: 972.350.9476

Monya Crow – Director of Guidance & Counseling: Crowm@lisd.net

Esther Woodson – CHOICES Secretary: Woodson@lisd.net



ADAPT Parent Information Sheet



ADAPT: (Alternative Discipline and Parent Training) is an evidence-based program effective in a restorative discipline model and increasing parent involvement. The curriculum is based on a variety of different curricula including Parent Wisely and Stay Connected.

Where is the ADAPT program?

Groups are held at each main high school campus. Each of the groups are from 6:30-8:00 pm. The students and parents will be contacted with their start date and class location by the CHOICES office.**

**Families must wait for the CHOICES office to contact them prior to starting ADAPT.

What are the topics discussed?

Weekly Topics	
PARENTS	STUDENTS
When Teens Need Your Help	Why Rules? Responsibility = Freedom
Rules, Boundaries & Consequences	Communication: Your Behavior Matters!
Open Communication	Coping Skills & Anger Management

Expectations

- Students will be asked to actively participate in the classes.
- Students will be asked to refrain from technology use during the classes.

Upon completion, the referring campus administrator will be notified that the parents and students have successfully finished the ADAPT program via email.

For more information, please call the CHOICES office at 469.948.8680.